



## Summer Reflection

In the spring 2018 semester, I failed my chemistry class and realized I was very unmotivated and not really trying my hardest. Therefore, I took my summer course experience very serious, and I used it as an opportunity to focus/figure out what I really want. I am very glad to say that I have officially passed chemistry this summer. It was very hard, but I went to tutoring every week and studied more than ever before. This fall, I plan to continue implementing the work ethic I had during my summer course.

## My Inspiration

My inspiration has and always will be my family. Everything I do is for them. They are always on my mind, which is what motivates me to make better decisions.



My goal is to graduate with honors and attend a good medical school in order to become a successful OBGYN who is financially stable.

## My S.M.A.R.T Plan

**Decrease procrastination, and be more focused.**

**Develop and maintain a daily schedule of tasks that need fulfilling**

**Never feel alone/hesitate to ask for help**

**Seek assistance whenever necessary by attending tutoring and office hours.**

**Never forget to rest and take care of myself**

**Practicing self care by carving out time for the gym and for**

## Rutgers Resource

I joined the SSS program very late in the spring semester, so I did not fully get to utilize their many resources. However, this summer I was sure to enroll in their tutoring program as soon as my course began. My tutor was my saving grace, and I believe he played a major role in my passing chemistry. I definitely plan to continue utilizing the SSS program for the rest of my time at Rutgers.



## Challenges

When taking a summer course like chemistry, it is very easy to fall behind. The challenge for me was retaining enough information for the exams. The way I coped was by focusing on the concepts that I did not fully grasp. I had my tutor explain and practice them with me. I know this will continue in all my future science courses, so I will surely keep the momentum of practicing going to remain successful.